

SECTION A: Objective Questions

Circle the correct answer (20 marks)

1. The most effective treatment for positive symptoms of schizophrenic stupor is
(a) social skills training.
(b) milieu social therapy.
(c) cognitive behaviour therapy.
(d) psychosocial education.
2. Which of the following predisposes a patient to catatonic stupor?
(a) Manic depression.
(b) Catatonic excitement.
(c) Paranoid schizophrenia.
(d) Delirium tremens.
3. Which delusion is associated with catatonic stupor?
(a) Grandeur.
(b) Unworthiness.
(c) Nihilistic.
(d) Hypochondriasis.
4. The first and foremost priority in managing a mental health crisis is
(a) resuscitation.
(b) restraint.
(c) de-escalation.
(d) safety.
5. Which of the following is a protective factor for suicidal tendencies?
(a) Female gender.
(b) Social support.
(c) Adolescence.
(d) Unemployment.
6. Which of the following medical emergencies is commonly mistaken for a psychiatric emergency?
(a) Suicidal behaviour.
(b) Status epilepticus.
(c) Panic attacks.
(d) Violence and aggression.

7. Which of the following is relevant in supportive psychotherapy?
- (a) Empathy.
 - (b) Hypnosis.
 - (c) Abreaction.
 - (d) Catharsis.
8. A diagnosis of nocturnal enuresis is usually diagnosed after the child has attained the age of years.
- (a) 5.
 - (b) 7.
 - (c) 9.
 - (d) 11.
9. Which of the following conditions presents with vandalism disorder?
- (a) Status epilepticus.
 - (b) Mental retardation.
 - (c) Conduct disorder.
 - (d) Malingering.
10. The most obvious diagnostic procedure for status epilepticus is
- (a) Clinical observation.
 - (b) Encephalogram.
 - (c) Lumbar puncture.
 - (d) Brain imaging.
11. Which of the following is **NOT** an example of anti-epileptic drug?
- (a) Phenobarbitone.
 - (b) Chlorpromazine.
 - (c) Phenytoin.
 - (d) Carbamazepine.
12. Which of the following is **NOT** an anti-psychotic drug?
- (a) Risperidone.
 - (b) Clozapine.
 - (c) Olanzapine.
 - (d) Haloperidol.

13. Which of the following is **NOT** a side effect of haloperidol?
- (a) Dry mouth.
 - (b) Muscle stiffness.
 - (c) Sedation.
 - (d) Increased libido.
14. The recommended dose of diazepam given rectally in children is _____ mg/kg body weight.
- (a) 0.5.
 - (b) 0.4.
 - (c) 0.3.
 - (d) 0.2.
15. The drug administered in treatment of patients with transient insomnia is
- (a) Midazolam.
 - (b) Clonazepam.
 - (c) Lorazepam.
 - (d) Diazepam.
16. Which of the following drugs is **NOT** an oncology drug?
- (a) Capecitabine.
 - (b) Cladribine.
 - (c) Clofarabine.
 - (d) Vardenafil.
17. Which of the following drugs do nurses administer in treatment of manic episodes?
- (a) Metoclopramide.
 - (b) Chlorpromazine.
 - (c) Lithium carbonate.
 - (d) Fluoxetine.
18. Which of the following drugs is administered in treatment of generalised tonic clonic seizures?
- (a) Carbamazepine.
 - (b) Clonazepam.
 - (c) Gabapentin.
 - (d) Ethosuximide.

19. Which of the following drugs is contra-indicated in pregnancy?

- (a) Bleomycin.
- (b) Hydrocortisone.
- (c) Ceftriaxone.
- (d) Azithromycin.

20. Which of the following drugs suppresses lactation?

- (a) Misoprostol.
- (b) Domiphen.
- (c) Bromocriptine.
- (d) Vincristine.

Fill in the blank spaces (10 marks)

21. A form of schizophrenia characterised by body rigidity is called

22. A therapy which aims at understanding a person's problem and to finding appropriate coping mechanisms is

23. An altered state of consciousness induced by suggestibility is called

24. A form of suicide attempt which occurs while the patient is on treatment is known as

25. The expression of hostility and rage with intent to injure is referred to as

26. Protrusion of the tongue is a common side effect of a drug called

27. Antipsychotic drugs that target hallucination and delusions are generally classified as

28. The class A drug which is administered to terminally ill cancer patients for pain relief is called

29. The average adult dose of methotrexate is mg.

30. A commonly used vinca alkaloid in treatment of cancer is called

Answer Sections B and C in the answer booklets provided

SECTION B: Short Essay Questions (10 marks)

31. State five (5) dangers of cancer drugs to the patient. (5 marks)
32. Outline five (5) measures of protecting children against mental illness. (5 marks)

SECTION C: Long Essay Questions (60 marks)

33. State adult dose, two (2) indications, two (2) contra-indications and four (4) side effects of the following drugs.
- (a) Phenytoin. (5 marks)
 - (b) Sildenafil. (5 marks)
 - (c) Benzhexol. (5 marks)
 - (d) Lithium carbonate. (5 marks)
34. (a) Describe with rationale five (5) measures employed to prevent suicidal attempts for patients admitted in hospital. (10 marks)
- (b) Explain ten (10) responsibilities of a nurse in assessment for suicidal behaviour. (10 marks)
35. (a) Outline five (5) characteristic physical features of severe mental retardation. (5 marks)
- (b) Describe four (4) methods used to diagnose mental retardation. (8 marks)
- (c) State seven (7) primary prevention measures of mental retardation. (7 marks)

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