

Examination No:

Signature

UGANDA HEALTH PROFESSIONS ASSESSMENT BOARD
YEAR 2: SEMESTER 1: EXAMINATIONS

CERTIFICATE IN NURSING

Paediatric Nursing I and
Palliative Care Nursing
Paper Code: CN 213

June 2025
3 HOURS

IMPORTANT

1. Write your Examination number on the question paper and answer sheets
2. Read the questions carefully and answer **only** what has been asked in the question
3. Answer all the questions
4. The paper has three sections

For Examiner's use only

Section	Qn.	Result	Initials
A	MCQs		
	Fill in		
B	31		
	32		
C	33		
	34		
Total			

Section A: Objective questions.

Section B: Short essay questions.

Section C: Long essay questions.

Turn over

SECTION A: Objective Questions

Circle the correct answer (20 marks)

1. Which of the following activities is **NOT** performed by nurses in the young child's clinic?
(a) Immunisation.
(b) Growth monitoring.
(c) Examination of the mothers.
(d) Screening of sick children.
2. The recommended time for initiating breastfeeding after birth is within hour(s).
(a) 1.
(b) 3.
(c) 6.
(d) 12.
3. The dosage for Vitamin A that nurses administer to children below 6 months of age is iu.
(a) 50,000.
(b) 100,000.
(c) 150,000.
(d) 200,000.
4. The first step in treatment of severe acute malnutrition includes
(a) giving oral iron.
(b) treating intestinal helminthes.
(c) starting on high protein feeds.
(d) resuscitating with intravenous fluids.
5. The nurse performing physical examination for a new born records a head circumference as normal if the circumference in centimeters is
(a) 34 – 35.
(b) 36 – 37.
(c) 38 – 39.
(d) 40 – 41.

6. For which of the following reasons do nurses restrict bathing of the newborn?
 - (a) To prevent rigors.
 - (b) Lack of rooming in.
 - (c) Maintaining warmth.
 - (d) Preventing cross infection.
7. The immunity of an infant acquired from the mother during intra-uterine life is referred to as
 - (a) active acquired.
 - (b) passive natural.
 - (c) active natural acquired.
 - (d) passive artificial acquired.
8. Erickson defines development tasks of the infant as learning to
 - (a) trust or mistrust.
 - (b) retain feces and defecation.
 - (c) relate to his physical environment.
 - (d) derive pleasures from oral stimulation.
9. The nurse advises that baby's wet napkins and clothes should be frequently changed and replaced by clean ones to prevent heat loss by
 - (a) convection.
 - (b) conduction.
 - (c) radiation.
 - (d) evaporation.
10. Which of the following fat-soluble vitamins are found in the breast milk?
 - (a) A, B, C & E.
 - (b) A, D, C & E.
 - (c) A, D, C & K.
 - (d) A, D, E & K.
11. The aim of palliative care is to
 - (a) care for patients with cancer only.
 - (b) care for the dying patient only.
 - (c) prevent the patient from dying in hospital.
 - (d) provide comfort, support and relief of suffering.

12. Where can palliative care be provided?
 - (a) In any setting.
 - (b) Only in a hospice.
 - (c) Only at a hospital with special palliative care beds.
 - (d) Only at home by a hospice service when the client is dying.
13. The team that provides holistic palliative care is
 - (a) always led by a doctor.
 - (b) no longer needed in a modern health system.
 - (c) usually limited to doctors and nurses only.
 - (d) dynamic and changes with the needs of the client and family.
14. Which of the following is a common barrier to a good assessment?
 - (a) Lack of financial resources.
 - (b) Lack of time and privacy.
 - (c) Too many family members being present at the assessment.
 - (d) No transport available to take the client for assessment.
15. Which of the following terms is related to a belief in the afterlife?
 - (a) Religion.
 - (b) Spirituality.
 - (c) Sacred space.
 - (d) Magical thinking.
16. Which of the following statements appropriately defines pain?
 - (a) What the patient says hurts.
 - (b) What another person observes.
 - (c) Not felt as intensely by babies.
 - (d) Any unpleasant emotional experience.
17. Which of the following statements relates to nociceptive pain?
 - (a) Stimulation of the pain receptors when tissues are damaged.
 - (b) Damage to peripheral nerves.
 - (c) Damage to sympathetic nerves.
 - (d) A response to grief or loss.

Which of the following drugs do nurses administer to palliative care patients with severe pain?

- (a) Morphine.
- (b) Valeron.
- (c) Paracetamol.
- (d) Brufen.

19. Shortness of breath can be made worse by

- (a) anxiety.
- (b) insomnia.
- (c) depression.
- (d) nausea.

20. Which of the following nursing interventions prevents sores among bed ridden patients?

- (a) Referring the patient to a wound specialist.
- (b) Turning the immobile client regularly.
- (c) massaging the pressure areas.
- (d) effective pain management.

Fill in the blank spaces (10 marks)

- 21. The first stool produced by new born babies is called
- 22. A method of care performed for new born babies to ensure skin to skin contact with their parent is known as
- 23. Tetracycline eye ointment is applied to all newborn babies' eyes to prevent a condition called
- 24. A mother who breastfeeds her new born baby for more than 10 times a day is said to be practicing
- 25. The anti-infective factor found in breast milk which prevents multiplication of pathogens in the gut is called
- 26. An organization that provides palliative care in a variety of settings is called
- 27. The principle of respecting the uniqueness of an individual and giving them the right and freedom to make their own decision is referred to as
- 28. Burning, stabbing or stinging are characteristics of pain.
- 29. Severe muscle wasting is called
- 30. The period of sadness felt after the loss of a loved one is called

Answer Sections B and C in the answer booklets provided

SECTION B: Short Essay Questions (20 marks)

- 31. (a) State five (5) factors that hinder successful lactation. (5 marks)
- (b) State five (5) milestones achieved by a normal baby by 12 months of age. (5 marks)
- 32. (a) List five (5) non-pharmacological methods of relieving pain in palliative care. (5 marks)
- (b) Outline five (5) manifestations of impending death in a patient on palliative care. (5 marks)

SECTION C: Long Essay Questions (50 marks)

- 33. (a) Explain five (5) reflexes a nurse observes for while examining a new born. (10 marks)
- (b) Describe five (5) specific nursing actions performed in the daily care of a new born baby. (10 marks)
- (c) State five (5) anti-infective factors found in breast milk. (5 marks)
- 34. (a) Outline five (5) causes of anorexia in patients on palliative care. (5 marks)
- (b) State ten (10) clinical manifestations of anorexia. (10 marks)
- (c) Describe five (5) non-pharmacological measures nurses implement to manage anorexia in patients on palliative care. (10 marks)

END